

New York State Coaching Certification Classes

Commack Continuing Education

Held at Commack High School

Registration begins September 13th

Classes begin the week of October 9th

Please call Bobby Varughese (631-912-2153) Adult Continuing Education office

e-mail: continuingeducation@commackschools.org

Website: www.commackschools.org

Theory and Techniques of Coaching

Fee: \$180.00

Instructor: Rich Degnan

Classes begin October 12th (ten sessions)

Thursday 7-10 pm

Philosophy, Principles, and Organization of Athletics

Fee: \$200.00

Instructor: Rich Degnan

Classes begin October 11th (fifteen sessions)

Wednesday 7-10 pm

e-mail Rich Degnan at: mbundr8029@aol.com for more information